

**Table 6.6 Showing Views and Feelings Observation Record Example**

How does... show:	Date completed:			Completed by:		Observed by:
	Verbal means	Non-verbal means: behaviour	Non-verbal means: expression/body language/sign or symbol	Example: How does s/he show this?		
<b>Preferences</b>	Says: 'I want' 'I like', etc.	Seeks out item Makes a choice, etc.	Smiles/laughs, etc.	Provide specific and concrete example of how and when this occurs based on several observations. Support with photo or video as appropriate and cross reference to this source		
<b>Dislikes</b>	Says: 'I don't want' 'I hate', etc.	Rejects/ Pushes away Makes a choice, etc.	Scowls, cries, etc.			
<b>Agreement (consent)</b>	Says: 'Yes' 'OK' 'I want', 'More', etc.	Makes choice Participates Approaches	Smiles Nods Signs			
<b>Disagreement (withholding consent)</b>	Says: 'no' 'go away' 'stop', etc.	Moves away Hits Withdraws	Grimaces Shakes head			
<b>Happiness/contentment</b>	Says: 'happy', etc.	Claps hands, flaps, etc.	Smiles/laughs, etc.			
<b>Sadness/discontent</b>	Says 'sad', etc.	Hits self Drops to the floor, etc.	Expression			
<b>Anxiety/fear</b>	Says: 'help', 'stop' 'frightened', etc.	Hurts self (bangs head) Runs out of room Hides under table Hits out	Grimaces Cries, moans			
<b>Anger</b>	Says: 'no' 'stop' 'Go away', etc.	Spits Stamps Kicks or hits anyone or thing nearby	Screams loudly Makes fists Body tenses			



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Preferences						
Dislikes						
Agreement (consent)						
Disagreement (withholding consent)						
Happiness/contentment						
Sadness/discontent						
Anxiety/fear						
Anger						