

could remember lists of nonsense syllables were really addressing what was needed. Therefore, I have tried as far as possible to restrict mention of any of the more theoretical research to where it underpins more applied concerns. However, there are limits – thus, I have not discussed issues such as where to get help for caring for relatives, the ins and outs of patients' rights, etc. These are very important topics, but they are not within Psychology's ambit.

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