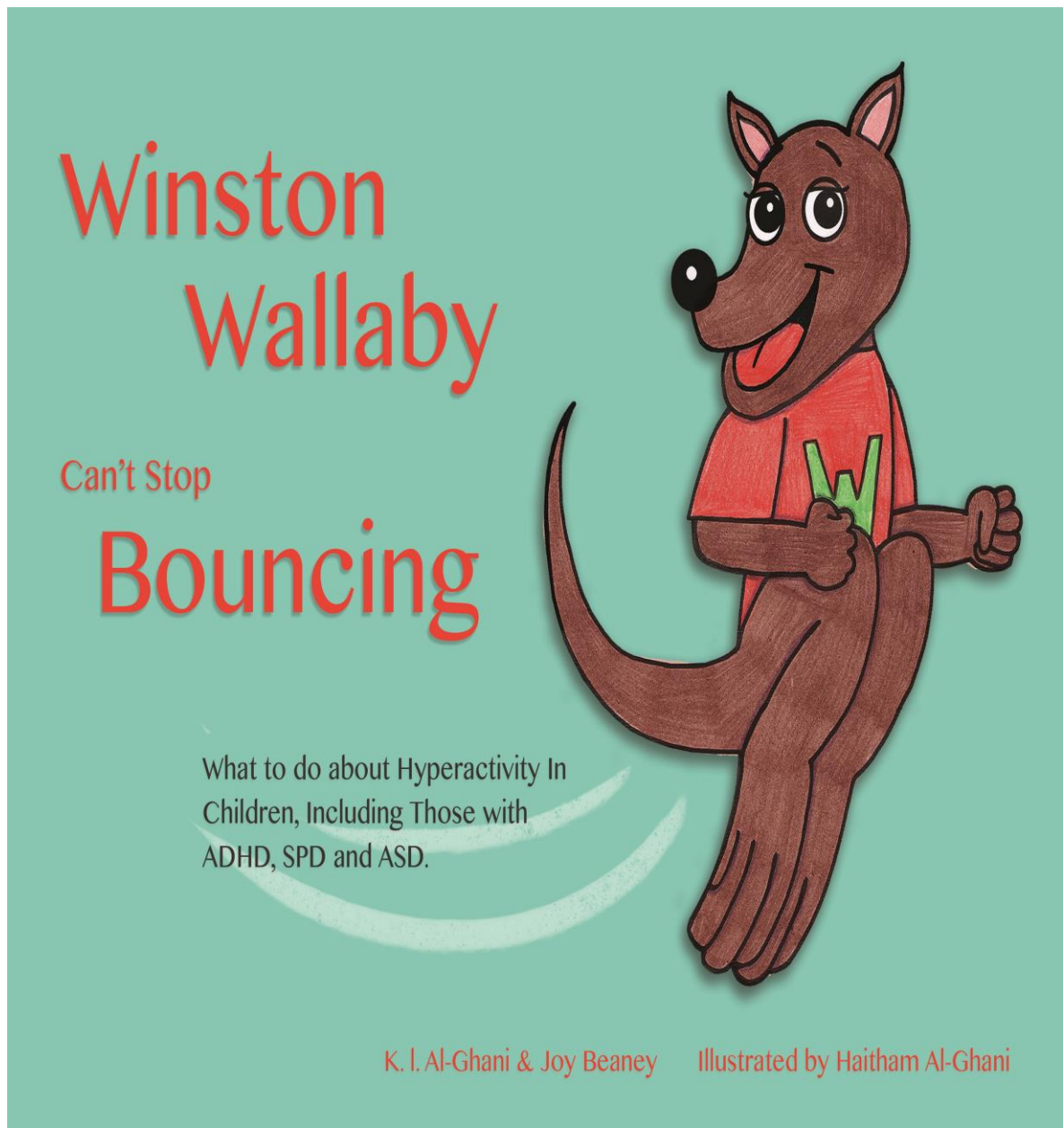


Suggested Teacher Activities:
Winston Wallaby - Can't Stop
Bouncing.





Before Reading the book:

1. Monday - Play this game:

If I were an animal I would be.....

A dog : because I love going for walks.

A monkey: because I am always up to mischief.

A lion : because I am fearless.

Hold up pictures of various animals (or use white board images) and ask the children to draw a quick picture or choose a picture of the animal they would most like to be.

Ask if any of the children would like to say why they chose their animal.

2. Give each of the children a small object to hold.

Now tell the children you want them to sit comfortably and concentrate on the object.

Then tell the children you are going to put on a timer and when you say 'go' they must NOT move. If they move they must put the object on the floor and sit quietly until everyone finishes.

The child who sits still the longest is the winner -
How long did that child sit for?

Discuss how hard it was to concentrate and sit still.

Show the children the book cover.

Ask them to raise their hands if they find it difficult to sit still.

Read pages: 8 - 17 ask the children if they can think up problems Winston may have when he starts school.

Read Pages 18 -24

Ask questions as you read

Tuesday - recap from previous day

Read pages 26 - 37

Ask questions as you read

Wednesday - recap from previous day

Read pages 38 - 47

Ask questions as you read - do the exercises on page 44

Thursday - recap from previous day

Read pages 48 - 50

Put up visual timetable with movement breaks and incorporate into your daily routine

Friday - recap from previous day

Read pages 52 - 55.

Incorporate the teaching into literacy - e.g. story writing or poetry

Older children could research famous people with ADHD and perhaps make a powerpoint presentation.

e.g. Justin Beiber, Will Smith, Jamie Oliver,

Sir Richard Branson, Justin Timberlake, Jim Carey

Michael Phelps, Robin Williams, Henry Ford, etc.

Don't forget to do the exercises !

