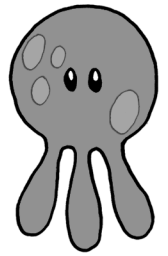


LUCY THE OCTOPUS

ACTIVITY SHEETS for PSHE and Creativity

Please use these activity sheets at home, in school, or working with young people in other venues. They are best used with those who have finished reading up to the relevant parts of the book as they contain minor spoilers. They can be completed by individuals or in pairs or groups.



Comfort for Lucy

Read through the related chapter of *Lucy the Octopus*:
Chapter 1. Well, That Was Bittersweet

It's pretty clear that Lucy has a tough time at both school and home.

At her lowest point, nobody seems to appreciate or care for her. She feels picked on, lonely and, despite her best efforts, struggles to fit in with other teenagers.

Write a letter to Lucy in the space provided (you can continue on a separate piece of paper if need be) giving her **advice** on how to deal with her situation, and **comfort** to make her feel better. Consider what you would like people to say to you when you are feeling lonely or unpopular.

